

# Dan German's iFinisher® Appliance Best Practices



Small appliance for when bonded lingual retainers are used.



Full size appliance without bonded retainers on anterior teeth.



Large upper with Socket Liners for rotated teeth.  
Small lower with a bonded lingual retainer.



Small anterior with bonded lingual retainers and large posterior for maximum posterior improvement.



Learn more at  
[www.tportho.com/custom](http://www.tportho.com/custom)

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## 1. Getting Started

While patient has braces on OR still has a month to go with aligners, we make an intraoral scan (iTero® or any scanner). If you don't scan, make impressions – TP Orthodontics will convert your impressions or models to a digital file. You can also export the ClinCheck® file of the last stage for Invisalign® patients that have worn their aligners.

## 2. Bonded Lingual Retainers

I suggest using bonded lingual retainers whenever able. You can place them on your braces patients before or after the scan/impressions.

If you cannot use bonded lingual retainers, you can make a small anterior coverage of a vacuum-formed retainer on anterior teeth for the patient to wear for some daytime hours IF they show or sense any signs of anterior relapse.

Size: Can be very small in the anterior IF and only IF you have bonded lingual retainers. In the absence of bonded lingual retainers, ask for a full size iFinisher appliance.

## 3. Correcting Rotations

I typically don't correct rotations with iFinishers, although others do. I use the iFinisher appliance primarily for improving posterior occlusion and as active retention. If you have any rotations, do some IPR and request socket liners.

## 4. Overcorrection

You can build in overcorrection as needed – even big skeletal changes – just as I teach when treatment planning aligner patients with ClinCheck.

## 5. View and Approve the Set Up!

Ask to view the set up before the iFinisher appliance is made. It is critical to do this. Do you accept Invisalign ClinCheck for aligner fabrication without viewing the set up first? **This is the "I" in iFinisher.** I direct the treatment and approve the set up, not a lab tech. I have my staff open the TP Orthodontics digital set ups at the treatment chairs before, during or after patient hours. I either say "approve" or "ask for \_\_\_\_."

(I have not met a doctor that approves positioner set ups BEFORE the positioner is made. It is easy with the iFinisher.) You may customize the final set up and the design/size of the iFinisher.

## 6. Patient Instructions and Compliance

I find that patients are compliant with the iFinisher appliance. Be sure to use my patient instructions; they come in a brochure that TP Orthodontics can provide to you. A link to the brochure is <http://labs.tportho.com/pdf/patient-brochure.PDF>.

## 7. Follow-up

Check patient about 3 weeks after delivering the iFinisher appliance and perform equilibration. Use the sectioned anterior vacuum-formed or the patient's last aligner for a few hours during the day if you or the patient sense any anterior relapse occurring. Total iFinisher time is typically 3 weeks to 3 months. **Often times, I get my correction faster than an Invisalign refinement can be ordered and delivered!** The iFinisher can often be used as long term retention.

Use a large iFinisher without bonded lingual retainers.