

# Dan German's iFinisher® Appliance Best Practices



Small appliance for when bonded lingual retainers are used.



Full size appliance without bonded retainers on anterior teeth: add Socket Liners.



Large upper with Socket Liners for rotated teeth.  
Small lower with a bonded lingual retainer.



Small anterior with bonded lingual retainers and large posterior for maximum posterior improvement.



Learn more at  
[www.tportho.com/custom](http://www.tportho.com/custom)

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## 1. Getting Started: Submission

While patient still has a month with treatment, we make an intraoral scan (iTero® or any scanner). If you don't scan, make impressions – TP Orthodontics will convert your impressions or models to a digital file, even with braces in place. You can also export the ClinCheck® file of the last stage for Invisalign® patients that have worn their aligners.

## 2. Bonded Lingual Retainers

I suggest using bonded lingual retainers whenever able. You can place them on your braces patients before or after the scan or impressions.

If you cannot use bonded lingual retainers, you can make a small anterior coverage of a vacuum-formed retainer on anterior teeth for the patient to wear for some daytime hours IF they show or sense any signs of anterior relapse.

Size: Can be very small in the anterior IF and only IF you have bonded lingual retainers. In the absence of bonded lingual retainers, ask for a full size iFinisher® appliance with socket liners on anterior teeth. Scan the vestibule for better patient comfort.

## 3. Correcting Rotations

I don't routinely correct rotations with iFinishers®, although others do. I use the iFinisher® appliance primarily for improving posterior occlusion and as active retention. If you have any rotations, perform IPR and request socket liners.

## 4. Overcorrection

You can build in overcorrection as needed – even skeletal changes – just as I teach when treatment planning aligner patients with ClinCheck. Use socket liners on anterior teeth without bonded lingual retainers.

## 5. View and Approve the Set Up!

Ask to view the set up before the iFinisher® appliance is made. It is critical to do this. Do you accept Invisalign ClinCheck for aligner fabrication without viewing the set up first? **This is the "i" in iFinisher®.** I direct the treatment and approve the set up, not a lab tech. I have my staff open the TP Orthodontics digital set ups at the treatment chairs before, during or after patient hours. I either say "approve" or "ask for \_\_\_\_."

## 6. Patient Instructions and Compliance

I find that patients are compliant with the iFinisher® appliance. Be sure to use my patient instructions; they come in a brochure that TP Orthodontics can provide to you. Links to the patient brochure and Best Practices Brochure are:

- <http://labs.tportho.com/pdf/patient-brochure.PDF>
- [http://www.tportho.com/wp-content/uploads/2015/01/POD\\_German-Best-Practices\\_2016W.PDF](http://www.tportho.com/wp-content/uploads/2015/01/POD_German-Best-Practices_2016W.PDF)

## 7. Follow-up

Check patient about 3 weeks after delivering the iFinisher® and perform equilibration if needed. Use a anterior vacuum-formed retainer or the patient's last aligner sectioned to cover only the anterior teeth for a few hours during the day if you or the patient sense any anterior relapse occurring. Total iFinisher® time is typically 3 weeks to 3 months. **Often times, I get my correction faster than an Invisalign refinement can be ordered and delivered!** The iFinisher® can often be used as long term retention.